

**HARTLEPOOL DIAMOND LEAGUE SERIES**

**2021**

8 SUMMER MEETS (UPTO 4 EVENTS EACH MEET)

LEAGUE TABLE FORMAT

POINTS SCORED FOR COMPETING IN EACH EVENT

GOLD, SILVER & BRONZE MEDALS FOR TOP 3 HIGHEST MEET SCORERS AT EACH MEET IN EACH AGE GROUP

(All participants receive a medal at their first meet)

ACCUMULATIVE OVERALL POINTS WINNER FOR EACH AGE CATEGORY AWARDED AFTER THE 8TH AND FINAL MEET (6 best meet scores used)

**Eligibility**: All members of Hartlepool Athletics Club are strongly encouraged to get involved and get some competition type experience. No pressure however – ITS ALL ABOUT HAVING FUN! **Non-members are also encouraged to come along and get involved as guests!**

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| **School Year R, 1 & 2** | **School Year 3 & 4** | **School Year 5 & 6** | **School Year 7 & 8** | **School Year 9 & 10/11+** |
|  *6th June, 20th June, 11th July, 25th July* |
| 50m Sprint | 50m Sprint | 75m Sprint | 100m Sprint | 100m Sprint |
| 300m Run | 400m Run | 600m Run | 800m Run | 800m Run |
| Howler Throw | Howler Throw | Howler Throw | Javelin | Javelin |
| Standing Long Jump | Standing Long Jump | Long Jump | Long Jump | Long Jump |
| *13th June, 4th July, 18th July, 1st August* |
| 60m Hurdles | 60m Hurdles | 60m Hurdles | 60m Hurdles | 60m Hurdles |
| 200m Run | 200m Run | 300m Run | 400m Run | 400m Run |
| Chest Push | Chest Push | Chest Push | Shot Putt | Shot Putt |
| Speed Bounce | Standing Triple Jump | Standing Triple Jump | High Jump/Triple Jump | High Jump/Triple Jump |

**Age Category’s:** SCHOOL YEAR Reception, 1&2, SCHOOL YEAR 3&4, SCHOOL YEAR 5&6, SCHOOL YEAR 7&8, SCHOOL YEAR 9&10, SCHOOL YEAR 11+

**Cost:** £10 per meet

**Location:** High Tunstall School **Time:** 15:00 to 18:00

**Pre-Register for all 8 meets and receive 1 of our new Diamond League T-Shirts!**

**Secure your registration by contacting Head Coach: John Spence - 07972734619**