**Hartlepool Athletics Club**

**‘Stay Fit Campaign’**

**Weekend Challenge**

**Week 9**

**5k Challenge!**

**We challenge you to compete 5k each day over the weekend!**

 **Tickets available for each day (Friday, Saturday & Sunday) that you completed 5k**

**5k can be completed either by a run (2 tickets awarded)**

**Or**

**By walking (1 ticket awarded)**

**Potential of 6 tickets to be up for grabs over the weekend!**

**Send your efforts into John via WhatsApp or Email hartlepoolathletics@gmail.com**